Take a leisurely stroll or an energetic walk along one of 5 Waymarked Routes within the park. These routes have been colour coded and vary in length.

**Walks**
- **Parkside Walk** 1 mile/1.8 km (approx 20 minutes)
- **Bog Walk** 2.5 miles/4 km (approx 40 minutes)
- **Woodland Walk** 3 miles/5.15 km (approx 60 minutes)
- **Peatlands Walk** 5.5 miles/8.8 km (approx 90 minutes)
- **Lake Walk (Derryadd)** 1 mile/1.6 km (approx 20 minutes)

Note: Outdoor clothing and footwear are recommended for all the walks.

Environment and Heritage Service is the government conservation agency in Northern Ireland. It cares for some 180 historic monuments, 7 country parks and 45 nature reserves. For more information please telephone (028) 3885 1102, visit our website [www.ehsni.gov.uk](http://www.ehsni.gov.uk) or email [peatland@doeni.gov.uk](mailto:peatland@doeni.gov.uk)