

# Biodiversity Trail / Fitness Trail



## TREES

**Native Trees:** Alder, Ash, Crab Apple, Scots Pine, Rowan, Wych Elm, Field Maple, Silver and Downy Birch, Sessile Oak, Willow, Bird and Wild Cherry.  
**Naturalised Trees:** Beech, Sycamore, Common Oak, Austrian Pine and Horse Chestnut.



## INVERTEBRATES

Butterflies, Moths, Spiders, Millipedes, Centipedes, Snails, Flies, Bees, Wasps, Ants, Woodlice, Dragonflies, Crane Flies, Slugs, Worms and Beetles.



## WILDFLOWERS

Yellow Flag, Ox-eye Daisy, Marsh Marigold, Snowdrop, Red Poppy, Stinking Iris, Buttercups, Primrose, Cuckooflower and Vetches.



## Biodiversity Trail

### What is Biodiversity?

Put simply, biodiversity is the variety of life around us. It is all living things from trees to toadstools, from birds to butterflies, from the common place to the greatly endangered. It is the multitude of all living things on earth, including us, the places where they live and relationships that occur

between them. It is important that we appreciate our biodiversity and conserve it, as many species and their habitats are becoming extinct.

### Why have a Biodiversity Trail?

This circular route extends just over 1,000 metres around agricultural land and is accessible for wheelchair users and families with young children in buggies. Along the

route, you will see a number of unique habitats, which have been specially created to enhance the park's diversity and encourage wildlife. In particular, there is a giant bird table and a bog garden along with tree, shrub and wildflower areas. Look out for various plants, animals, birds, insects and even fungi, which make up our native biodiversity.



## Activity Centre



## BIRDS

**Year Long Residents:** Blackbird, Finches, Robin, Wrens, Goldcrest, Thrushes, Blue Tit, Magpies.  
**Summer Visitors:** Chiff Chaff, Swallow, Warblers.  
**Winter Visitors:** Brambling, Fieldfare.

## Games Field



## MAMMALS

Badger, Bats, Hedgehog, Red Fox, Stoat, Pygmy Shrew, Wood Mice, Wild Rabbits and Grey Squirrels.  
*Most mammals are nocturnal or sensitive to noise so you are unlikely to actually see them!*



## SHRUBS

Blackthorn, Bramble, Butterfly Bush, Dog Rose, Sweet Briar Rose, Dogwood, Guelder Rose, Hawthorn, Hazel, Holly, Elder, Cherry Laurel and Field Rose.

## Visitor Centre

**P** Parking

## Giant Bird Table

## Woodland Habitat

## Bog Garden

## Grazing Land

**P** Parking

### Key to Map Symbols

- i** Information Sign
- P** Parking

Department of the Environment  
 www.doeni.gov.uk  
**NIEA** Northern Ireland Environment Agency  
 www.niea.gov.uk  
 The Biodiversity Trail has been supported by Northern Ireland Environment Agency.

### Key to Fitness Trail

- Station 1:** Double Air Walker Lat Pull Station
- Station 2:** Double Sit-up Board Seated Leg Press
- Station 3:** Elliptical Cross Trainer
- Station 4:** Air Skier Seated Chest Press



## Fitness Trail

This dedicated fitness trail offers various stations of outdoor gym equipment. (See fitness trail stations outlined below.) The trail is perfect for beginners and more athletic visitors alike, interested in exercising and promoting good health. Suggested training programmes are available from the Visitor Centre or can be downloaded online. Persons using the trail should first ensure that they are physically fit to undertake exercise. Use of the equipment is at your own risk and instructions for use are attached.

# Carnfunnock Country Park

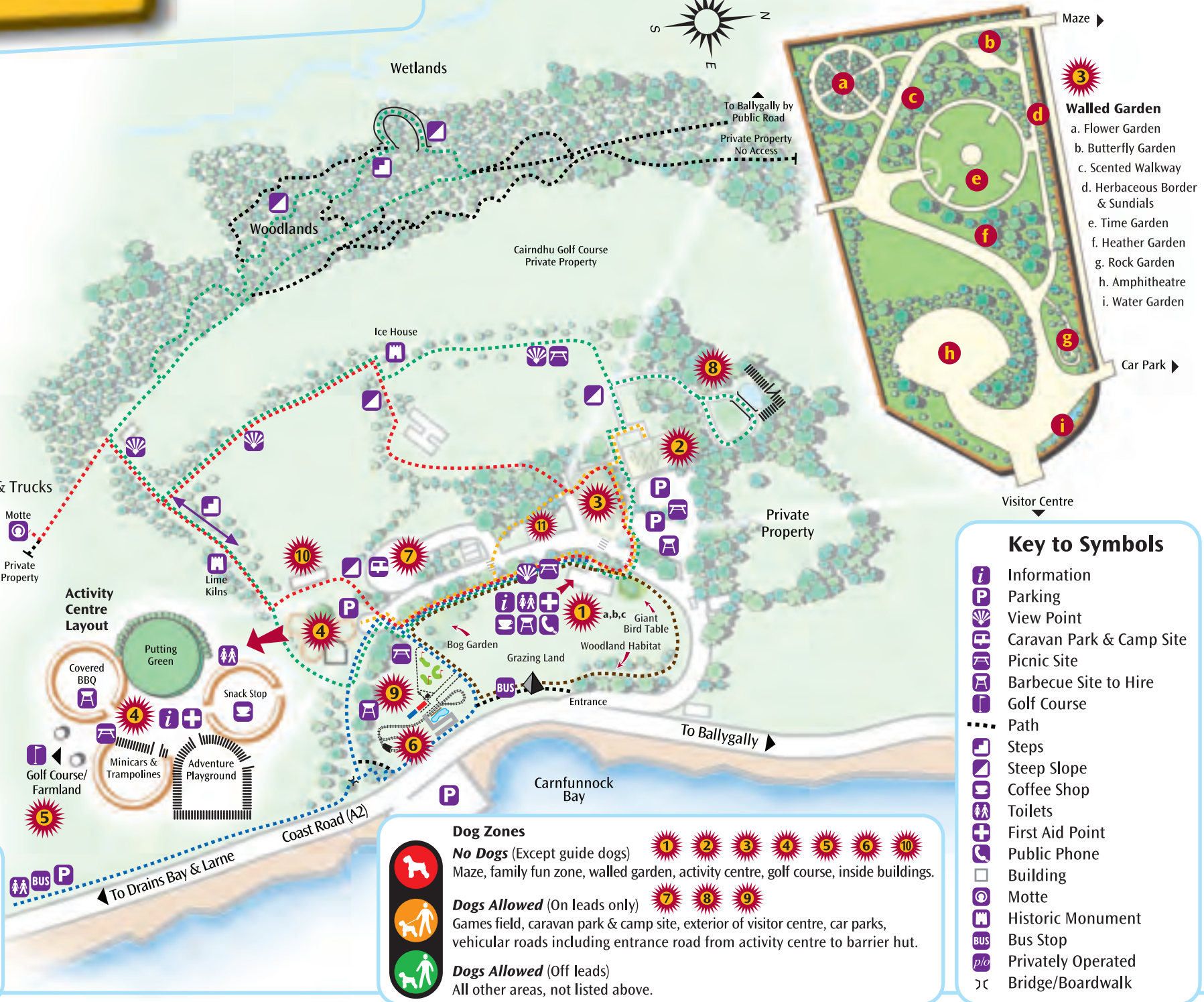


## Key to Attractions

- 1a** Visitor Centre
- 1b** Coffee Shop *p/o*
- 1c** Education Centre
- 2** Maze
- 3** Walled Garden
- 4** Activity Centre including Facetastic and Snack Stop *p/o*
- 5** Golf Course
- 6** Family Fun Zone *p/o*
  - Miniature Railway
  - 18 Hole Mini Golf
  - Remote Control Boats & Trucks
  - Bouncy Castle
  - Bungee Run
  - Laser Clay Pigeon Shooting
- 7** Touring Caravan Park & Camp Site
- 8** Wildlife Garden
- 9** Games Field
- 10** Golf Driving Range & Academy *p/o*
- 11** Lions House *p/o* Holiday Home

## Waymarked Trails

- Garden Trail
- Heritage Trail
- Shore Trail
- Woodland Trail
- Biodiversity/Fitness Trail



## Walled Garden

- a. Flower Garden
- b. Butterfly Garden
- c. Scented Walkway
- d. Herbaceous Border & Sundials
- e. Time Garden
- f. Heather Garden
- g. Rock Garden
- h. Amphitheatre
- i. Water Garden

## Key to Symbols

- Information
- Parking
- View Point
- Caravan Park & Camp Site
- Picnic Site
- Barbecue Site to Hire
- Golf Course
- Path
- Steps
- Steep Slope
- Coffee Shop
- Toilets
- First Aid Point
- Public Phone
- Building
- Motte
- Historic Monument
- Bus Stop
- Privately Operated
- Bridge/Boardwalk

## Dog Zones

**No Dogs** (Except guide dogs) Maze, family fun zone, walled garden, activity centre, golf course, inside buildings.

**Dogs Allowed** (On leads only) Games field, caravan park & camp site, exterior of visitor centre, car parks, vehicular roads including entrance road from activity centre to barrier hut.

**Dogs Allowed** (Off leads) All other areas, not listed above.

